



## Quebec Federation of Home and School Associations Resolutions Adopted at the 2024 Annual General Meeting

### **Resolution 2024-04: Provincial In-School Food Program**

WHEREAS many children start their day hungry because they do not have access to a healthy meal before they go to school; and

WHEREAS there is an ever-increasing number of children experiencing food insecurity, which creates additional barriers to accessing nutritious food; and

WHEREAS a recent survey indicates one in five Québec parents “fear food insecurity” and one in three parents are concerned about their financial situation;<sup>1</sup> and

WHEREAS it is estimated that only 9% of Québec schools have an in-school food program;<sup>2</sup> and

WHEREAS proper nutrition, along with a wellness policy that promotes student well-being and their ability to learn, is imperative to the health, development, and academic achievement of children; and

WHEREAS food insecurity in children is linked to lower reading and math scores, slower academic and social development, and may also lead to an increased risk of anxiety, hyperactivity, and aggression.

THEREFORE, BE IT RESOLVED that the **Quebec Federation of Home and School Associations Inc.** advocates for a fully funded provincial in-school food program that will reduce food insecurity for children and youth across Québec; and

THEREFORE, BE IT FURTHER RESOLVED that the **Quebec Federation of Home and School Associations Inc.** supports legislation to that end, along with provincial policies that include measurable goals and standards regarding child nutrition.

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1 *From One Upheaval to the Next: The Impact of Social Crises on the Well-Being of Quebec Families (2024)*, The English Parents’ Committee Association (EPCA) and The Fédération des comités de parents du Québec (FCPQ)

2 Ibid.