

The ABC's of Learning

Get a head start on schooling!

Knowing their ABC's is a very important skill for children entering kindergarten—some say the most important skill of all. There are many activities you can do with your children to help them better learn their alphabet.

Play Statue

Have your children dance, then call out the name of a letter. The kids must freeze in the position of the letter. If indoors, they can use the walls and floor. The child who holds the pose longest wins. With this game, children learn their ABC's through movement. Some children learn better this way.

Have Some Finger Fun

Have your children trace their letters in a shallow dish filled with sand, or even pudding. In the case of pudding, they can reward themselves after completing each letter by licking their fingers. Finger paints can be used too, just don't lick your fingers afterwards! With this game, children are learning their letters using their sense of touch. Some children learn better this way.

Play I SPY

"I spy with my little eye... something that begins with N." You can play this game indoors and out—while on a nature walk, in the car, or at bath time. With this game, children learn while having fun with you. All children learn better this way.

TIP: Buy coloured plastic magnetized letters at the dollar store and spell a word-of-the-day on the fridge at your child's eye level.

SOME GREAT ALPHABET BOOKS:

A Canadian ABC: An Alphabet Book for Kids. Illustrated by Thoreau MacDonald.
The Wildlife ABC & 123: A Nature Alphabet and Counting Book. By Jan Thornhill.
Eh? to Zed: A Canadian ABeCedarium. By Kevin Major, illustrated by Alan Daniel.

